



STAY CONNECTED. STAY CURIOUS.

Painting with Produce

Playing with food is okay for this craft! Different foods have different textures and this activity allows children to explore what types of stamps or prints they can create using different kinds of foods.

You'll need:

- Food items like celery, lemon, broccoli, bell pepper, etc.
- Tempera paint
- Paper
- Paper plate
- Optional: paintbrush, markers



What to do:

1. Prepare the food items. For example, cut a lemon in half and squeeze out the juice, break off a piece of broccoli, cut celery into small sections.
2. Pour paint(s) onto a plate to allow for dipping, or use a paintbrush to apply the paint onto the food.
3. Press the food onto the paper, experimenting with the different kinds. Ask, "What kind of print does each make? Are some easier to paint with than others?"



4. Variation: Draw an outline on the paper first, like a tree or fish, and then use the food to paint on leaves or scales.



Share your food art!

Post a picture on social media and tag the museum! #MuseumFromHome

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